Dear Friends,

If you want to go far, go together. We are so fortunate that “going together”—collaborating, learning, partnering, and sharing experiences and knowledge with our grantees, partners, donors, board members, and other stakeholders is a core component of our daily work. Improving children’s health together with our partners was a key aspect of last year’s work, which included investing more than $6.6 million in programs benefiting children statewide.

The primary focus areas for Illinois Children’s Healthcare Foundation’s (ILCHF) grant making are children’s oral health and children’s mental health with the goal of making comprehensive, effective care services available to all children in Illinois. With regard to oral health, all children require consistent, quality oral health care. Some children, typically those with physical or mental disabilities, need to receive their oral health care under general anesthesia. Imagine being a child who has primary health or oral health issues so serious that general anesthesia is required to provide your oral health care. Now imagine waiting two to three years for those services. More than 1,300 children are waiting for services at the Pediatric Dentistry Ambulatory Surgery Center of the University of Illinois at Chicago (UIC) College of Dentistry, the primary provider of general anesthesia services for children insured by Medicaid. However, by Spring 2020 that wait time should be reduced to less than six weeks with the construction and opening of the Pediatric Dentistry Ambulatory Surgery Center at UIC. It is always exciting to work with inspired collaborative partners to solve a significant concrete problem that will improve the lives of children and their families. ILCHF’s grant of $2 million has been combined with the funding of numerous partners including Delta Dental of Illinois Foundation and the Coleman Foundation to make the Pediatric Dentistry Ambulatory Surgery Center a reality!

From 2009 to 2017 ILCHF invested $11.27 million in its Children’s Mental Health Initiative, Building Systems of Care, Community by Community (CMHI 1.0) through which four grantee communities developed and implemented their children’s mental health systems of care. With this ILCHF funding, the four CMHI 1.0 teams significantly shifted community culture and policies surrounding children’s mental health. CMHI 1.0 has shown that empowering communities through an investment in their unique visions and capabilities enables providers to align their organizational plans and operations in order to more effectively serve children with a community-wide strategy.

To celebrate the success of CMHI 1.0 and the release of the initiative’s final report, ILCHF hosted a statewide symposium entitled “Children’s Mental Health in Illinois—the Impact of Systems of Care” in December 2018 in Oak Brook. The purpose of the convening was to highlight successes of the project including increasing collaboration between schools, medical clinics and mental health providers so that children can access effective mental health services as early as possible. The CMHI 1.0 communities all implemented mental health screening into both school and medical settings, thereby bringing the important concept of children’s social emotional development into daily conversations. Among other accomplishments, all four communities reported an impressive reduction of stigma related to mental health as a result of their projects.

In continuing our commitment to children’s mental health, this past year, ILCHF built on the success of its CMHI 1.0 by providing $1 million in planning grants to five new communities throughout the state to build their own unique local systems of care through the Children’s Mental Health Initiative 2.0 (CMHI 2.0). These five communities will each have the opportunity to apply for a $2.1 million six-year implementation grant. ILCHF’s anticipated total investment in CMHI 2.0 is $12.6 million which includes a $1.15 investment in a project evaluation.

In addition to our work in the areas of children’s oral and mental health, ILCHF pursued projects related to childhood lead poisoning and treatment adherence for chronic illness, under the grant category of “Unmet and Emerging Needs”. To address issues related to childhood lead poisoning, ILCHF provided a $600,000 grant over three years to Legal Council for Health Justice (LCHJ) to develop, test and evaluate statewide early intervention and public health systems. The focus of the work is to get children the lead screening required and to intervene before severe problems arise. As a result of LCHJ’s work, Illinois will be poised to lead the nation in groundbreaking approaches to address childhood lead poisoning.

In an effort to address treatment adherence for childhood chronic illness, ILCHF committed $900,000 over three years to implement the Mastering Each New Direction (MEND) program. This family-based model was developed at Loma Linda University Medical Center (LLU). The MEND program provides a supportive, skill-building intervention environment for youth with chronic illness and their families to assist them in understanding the cause of the child’s treatment non-compliance and to find ways to solve problems so that the youth can achieve optimal health functioning and return to the normal business of childhood. ILCHF is contracting with LLU to implement MEND in two hospital systems in Illinois. The first is at Cook County Health and Hospitals Systems. A second hospital system will be identified in 2020 to implement MEND as well.

As the old African proverb states, “If you want to go fast, go alone. If you want to go far, go together”. In 2018, inspired by the leadership of our Board of Directors, we have “gone together” with our dedicated and collaborative partners as we continue our journey to fulfill our vision that every child in Illinois grows up healthy. We are deeply grateful for each of the committed individuals and organizations that work every day to improve the lives of Illinois’ children and families. We invite you to experience, inform, and follow our work via this report, and by finding us online at www.ilchf.org. Please continue to join us as we work together today for a better tomorrow for our children and families.

Sincerely,

Ruth Rosenthal, MD
Chair of the Board

Heather Higgins Alderman
President

ICHF 2018 Annual Report
### 2018 Grant Recipients

**Advocate Charitable Foundation**  
Advocate Illinois Masonic Medical Center Dental Anesthesiology Capacity Building Project  
DOWNS GROVE, IL  
$66,870

**Anna & Robert H. Lurie Children’s Hospital of Chicago**  
Early Childhood Mental Health Consultation Pilot for Illinois Children's Mental Health Partnership  
CHICAGO, IL  
$300,000

**Centerstone**  
Building Compassionate Communities: Strengthening Child and Family Resiliency through a Trauma-Informed System of Care  
NASHVILLE, TN  
Illinois Service Area: Perry, Franklin, Jackson and Williamson counties in their CMHI 2.0 project in southern Illinois  
$192,800

**Central Illinois Foodbank, Inc.**  
2018 Children’s Nutrition Project  
SPRINGFIELD, IL  
$25,000

**Community Foundation of Kankakee River Valley**  
Project SUN—Strengthening and Unifying our Network  
KANKAKEE, IL  
$200,000

**Cook County Health and Hospitals System**  
Cook County MEND Program  
CHICAGO, IL  
$228,517

**Eastern Illinois Foodbank**  
2018 Children’s Nutrition Project  
URBANA, IL  
$25,000

**Esperanza Health Centers**  
Chicago Safety Net Learning Collaborative Oral Health Learning Events Project  
CHICAGO, IL  
$2,000

**Greater Chicago Food Depository**  
2018 Children’s Nutrition Project  
CHICAGO, IL  
$25,000

**Heritage Behavioral Health Center, Inc.**  
Community Together  
DECATUR, IL  
$200,000

**The Illinois College of Optometry**  
The Illinois Eye Institute’s Dr. Robert and Lena Lewenson Pediatric and Binocular Vision Center  
CHICAGO, IL  
$325,000

**Kane County Health Department**  
Building a Unified System of Care in Kane County  
AURORA, IL  
$200,000

**Legal Council For Health Justice**  
New Approaches to Childhood Lead Poisoning  
CHICAGO, IL  
$600,000

**Loma Linda University—Behavioral Medicine Center**  
Cook County Demonstration of the MEND Program  
LOMA LINDA, CA  
$280,700

**NAMI Metro-Suburban**  
Youth Mental Health First Aid  
OAK PARK, IL  
$5,000

**Northern Illinois Food Bank**  
2018 Children’s Nutrition Project  
GENEVA, IL  
$25,000

**Oral Health Forum**  
Healthy Smiles, Healthy Growth 2018-2019  
CHICAGO, IL  
$12,500

**Ounce of Prevention Fund**  
Community Saturation Project for Enhanced Parenting Supports  
CHICAGO, IL  
$10,000

**Peoria Area Food Bank**  
2018 Children’s Nutrition Project  
PEORIA, IL  
$25,000

**Primo Center For Women And Children**  
Integrated Health Homes for Homeless Kids  
CHICAGO, IL  
$200,000

**Quincy Public Schools, District 172**  
Universal Screening in Schools Learning Collaborative  
QUINCY, IL  
$73,000

**River Bend Foodbank**  
2018 Children’s Nutrition Project  
DAVENPORT, IA  
$25,000

**Sargent Shriver National Center on Poverty Law**  
Children’s Oral Health Advocacy Project  
CHICAGO, IL  
$25,000

**Sargent Shriver National Center on Poverty Law**  
Children’s Mental Health Access Advocacy Project  
CHICAGO, IL  
$160,000

**Southwest Organizing Project (SWOP)**  
Southwest System of Care  
CHICAGO, IL  
$180,900

**St. Louis Area Food Bank, Inc.**  
2018 Children’s Nutrition Project  
BRIDGETON, MO  
Illinois Service Area: Calhoun, Clinton, Franklin, Greene, Hancock, Hamlin, Jackson, Lawrence, Madison, Monroe, Perry, Randolph, St. Clair, Washington, and Williamson counties  
$25,000

**Tri State Food Bank Inc**  
2018 Children’s Nutrition Project  
EVANSVILLE, IN  
Illinois Service Area: Alexander, Edwards, Gallatin, Hamilton, Hardin, Johnson, Lawrence, Mason, Pope, Pulaski, Richmond, Saline, Union, Wabash, Wayne, and White counties  
$25,000

**University of Illinois at Chicago**  
College of Dentistry Construction of UIC Pediatric Dentistry Ambulatory Surgery Center  
CHICAGO, IL  
$2,000,000

**University of Illinois at Urbana Champaign**  
Children’s Mental Health Initiative 2.0 Evaluation Project  
URBANA, IL  
$1,147,532

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In 2018, ILCHF awarded $6,627,819 to organizations throughout the state that share our vision and commitment.
**STATEMENT OF FINANCIAL POSITION**

<table>
<thead>
<tr>
<th></th>
<th>December 31, 2018</th>
<th>December 31, 2017</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash</td>
<td>$1,262,941</td>
<td>$603,855</td>
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<tr>
<td>Investments, at fair value</td>
<td>132,512,289</td>
<td>149,054,831</td>
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<tr>
<td>Other assets</td>
<td>94,030</td>
<td>38,725</td>
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<tr>
<td><strong>Total assets</strong></td>
<td><strong>133,869,260</strong></td>
<td><strong>149,697,411</strong></td>
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<tr>
<td><strong>Liabilities</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grants payable</td>
<td>2,353,913</td>
<td>2,660,670</td>
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<tr>
<td>Other liabilities</td>
<td>58,705</td>
<td>144,740</td>
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<tr>
<td><strong>Total liabilities</strong></td>
<td><strong>2,412,618</strong></td>
<td><strong>2,805,410</strong></td>
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<tr>
<td><strong>Unrestricted net assets</strong></td>
<td><strong>131,456,642</strong></td>
<td><strong>146,892,001</strong></td>
</tr>
<tr>
<td><strong>Total liabilities and net assets</strong></td>
<td><strong>133,869,260</strong></td>
<td><strong>149,697,411</strong></td>
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</table>

**STATEMENT OF ACTIVITIES**

<table>
<thead>
<tr>
<th></th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Investment income, net</td>
<td>$(9,039,174)</td>
<td>$24,039,934</td>
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<tr>
<td>Other income</td>
<td>—</td>
<td>—</td>
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<tr>
<td><strong>Total net revenue</strong></td>
<td><strong>(9,039,174)</strong></td>
<td><strong>24,039,934</strong></td>
</tr>
<tr>
<td>Grants approved, net*</td>
<td>5,116,721</td>
<td>1,360,077</td>
</tr>
<tr>
<td>All other expenses, net</td>
<td>1,279,464</td>
<td>1,312,742</td>
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<tr>
<td><strong>Total expenses</strong></td>
<td><strong>6,396,185</strong></td>
<td><strong>2,672,819</strong></td>
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<tr>
<td>Change in net assets</td>
<td>(15,435,359)</td>
<td>21,367,115</td>
</tr>
<tr>
<td>Net assets beginning of year</td>
<td>146,892,001</td>
<td>125,524,886</td>
</tr>
<tr>
<td><strong>Net assets end of year</strong></td>
<td><strong>$131,456,642</strong></td>
<td><strong>$146,892,001</strong></td>
</tr>
<tr>
<td>*Grants paid out during the year</td>
<td>$5,557,937</td>
<td>$4,991,396</td>
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</tbody>
</table>

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**ILCHF BOARD OF DIRECTORS**

**OFFICERS**

- **Board Chair**
  - Ruth Rosenthal, MD
    - Retired Psychiatrist, Private Practice
- **Vice Chair**
  - Peter F. Flynn, PhD
    - Retired Superintendent of Schools
- **Treasurer**
  - Philip S. Cali
    - Retired Executive Director
- **Secretary**
  - Floyd D. Perkins
    - Attorney at Law
- **Operations**
  - Icy Cade-Bell, MD
    - Pediatrician, University of Chicago; Mobile Medical Unit Director, Comer’s Children’s Hospital
- **Investments**
  - Angela Cantillon, CFA, CAIA
    - Vice President, Investments
- **Data Analytics and Reporting**
  - Jennifer Cartland, PhD
    - Vice President
- **Dentistry**
  - Nicholas Panomotiros, DDS, MA, JD, LLM
    - Dentist, Private Practice
- **Mental Health**
  - Myrtis Sullivan, MD, MPH, FAAP
    - Faculty, Chicago Medical School
- **Evaluation**
  - Matthew Thullen, PhD
    - Program Officer—Evaluation

**DIRECTORS**

- Juan Carlos Avila
  - Managing Partner, Toroso Investments
- Icy Cade-Bell, MD
  - Pediatrician, University of Chicago; Mobile Medical Unit Director, Comer’s Children’s Hospital
- Angela Cantillon, CFA, CAIA
  - Vice President, Investments
- Jennifer Cartland, PhD
  - Vice President
- Nicky M. Panomotiros, DDS, MA, JD, LLM
  - Dentist, Private Practice
- Myrtis Sullivan, MD, MPH, FAAP
  - Faculty, Chicago Medical School
- Anthony Z. Kass, MD
  - Pediatrician
- Matthew Thullen, PhD
  - Program Officer—Evaluation

**DIRECTOR EMERITUS**

- C. William Pollard
  - Chairman Emeritus
- Jim Ryan
  - Chairman Emeritus
- Myrtis Sullivan, MD
  - Chairman Emeritus
- Matthew Thullen, PhD
  - Chairman Emeritus

**ILCHF STAFF**

- Heather Higgins Alderman
  - President
- Bob Egan
  - Senior Program Officer—Oral Health
- Nedranae Hunt
  - Administrative Manager
- Brian Moynihan, CPA
  - Director of Finance and Operations
- Amy Starin, PhD, LCSW
  - Senior Program Officer—Mental Health
- Matthew Thullen, PhD
  - Program Officer—Evaluation

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For a copy of the 2018 audited financial statements, 2018 Form 990PF, or a complete and detailed listing of our 2018 program investments, please visit our website at www.ilchf.org or contact Nedranae Hunt at 630.571.2555.